6. [13 points] Jared, Katia and Rory run together frequently on their university's track. The number of calories Jared, Katia and Rory each burn in running $n$ laps is given by the functions $J(n), K(n)$ and $R(n)$ respectively. You may assume that all of these functions are invertible.
a. [2 points] Jared always burns exactly as many calories as Katia does when he runs 5 more laps than she does. Write an expression for $J(n)$ involving the function $K$ that represents this fact.

$$
J(n)=
$$

$\qquad$
b. [2 points] Rory has recently added a 10 minute bike ride to his workout routine, during which he burns an additional 150 calories. Let $H(n)$ be the total number of calories that Rory burns (both running and biking) if he runs $n$ laps and bikes for 10 minutes afterwards; write an expression for $H(n)$ involving the function $R$ that represents this fact.

$$
H(n)=
$$

$\qquad$
c. [3 points] Interpret $J^{-1}(100)$ in practical terms.

Like most people, Jared bases the length of his run on the average temperature forecast for that day: he decides to run $G(m)$ laps when the projected average temperature is $m$ (in degrees Fahrenheit).
d. [3 points] Interpret $J(G(90))$ in practical terms.
e. [3 points] The graph of the function $y=G(m)$ has a vertical intercept. Interpret this vertical intercept in practical terms.

