7. [10 points] Let $C$ be a circle lying entirely in the first quadrant with radius 4 meters and center at the point $O=(a, b)$ (see the diagram below). A spider is standing at the point $P$ on the circle. The point $P$ makes an angle $\alpha=\frac{\pi}{4}$ radians (measured counterclockwise) with the horizontal line passing through the point $O$.

a. [2 points] Find the length of the vertical distance $h$ from the point $P$ to the horizontal line passing through the center $O$ of the circle.

$$
h=
$$

$\qquad$
b. [3 points] The spider walks 7 meters around the circle, in the counterclockwise direction, from the point $P$ until it reaches the point $Q$. Find the measure of the angle $P O Q$ (in radians).

## Angle $P O Q=$

$\qquad$
c. [5 points] Find the horizontal distance $d$, in meters, between the point $Q$ and the $y$-axis. Your answer must be in exact form and may contain the constants $a$ and/or $b$.

$$
d=
$$

