3. (12 points) The graph of $y=f(x)$ is given by the figure below.


The graphs of the following functions are related to the graph of $f$. Determine a formula for each graph in terms of the function $f$.


$$
k(x)=\quad-f(x)+1
$$


$j(x)=\quad 2 f(x-2)$


$$
g(x)=\quad f(-x)+1
$$


$h(x)=\quad f(2 x)$

