7. [12 points] After an unusual winter storm, the EPA is concerned about potential contamination of a river. A new researcher has been assigned the task of taking a sample to test the water quality. She tried to get as close to the river as possible in her car, but was forced to park $a$ feet away. She also cannot get closer to the lab by car. She needs to walk to the river, retrieve a water sample, and then walk the sample to a lab located $4 a$ feet down the river and $2 a$ feet from the river bank.

If the researcher wants to walk as short a distance as possible, what path should she take as she walks from her car to the river and then from the river to the lab?

